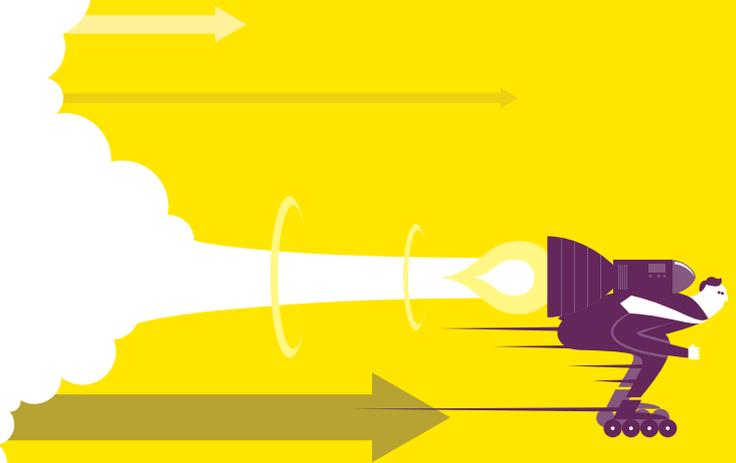
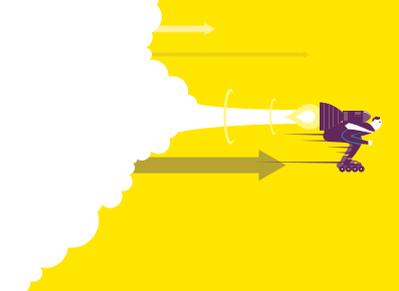


# Accelerated Executive Coaching





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## What is Accelerated Executive Coaching?

The Accelerated Executive Coaching programme offers senior managers, partners and executives, dedicated access to an experienced coach who will help them gain valuable insights into their thinking and behavioural style, establish clear objectives, make plans and take action.

The return on investment is beyond the achievement of specific coaching objectives, since the insights continue to be applied in the business as usual context.

Through our work and study as coaches we know well the strengths and weaknesses of a 'standard' coaching approach. Our method looks at things a bit differently, in the interests of providing the best possible outcomes to our clients.

We believe a sustainable way to coach comes from understanding more about how people think, what they focus on, and how they make decisions, and that's what our Accelerated Executive Coaching programmes do.

## Why do it?

Executive coaching is recognised as a key element in the success of many high performing leaders - providing a tailored and flexible approach that allows leaders to work through the challenges they face and to focus on improving the last 10% of performance that they need.

Being a senior leader in an organisation can be a lonely place. Who do you turn to when you need to work through a confidential issue or need a second opinion? Can you do this safely with one of your colleagues? Or do you need an independent 'sounding board' who can provide you with a non-judgmental perspective? Most leaders will answer 'No' to the former, and a growing number will answer 'Yes' to the latter, so it should come as no surprise that working with an experienced and committed professional coach is a sought-after solution for many modern leaders.

## How does it work?

As each client is different, each coaching programme is too. Our Accelerated Executive Coaching approach is built around designing success from the leader's strengths as a unique individual. Each programme is tailored to work with the leader's learning style and their working environment.

The ultimate intention is to provide the leader with the tools they need to be flexible and proactive in dealing with the challenges of their role.

'Standard' coaching works from the understanding that the coach establishes the conditions and process for the coachee to come up with their own solutions. The Altris approach uses insights-based tools to set the leader up for success. Once leaders have an understanding of their unique thinking and behavioural styles and the impact they have on their success, coaching focuses on developing their clarity of purpose and supporting them as they create and work through an action plan.

An Accelerated Executive Coaching programme offers a total support package including e-mail and phone contact as well as reading material.

