

Profile:

**SUZI
McALPINE**
Executive Coach



Coaching Style

Suzi believes that coaching is a great means of unlocking a person's potential.

Suzi facilitates this change, by guiding individuals to overcome challenges, identify their strengths and weaknesses, and establish sustainable processes which encourage long-term, enhanced performance.

She considers coaching to be the most effective when it is theoretically driven, focused on required competencies for the position that the executive holds, is in line with the strategic goals of the organisation, provides realistic opportunities for practice and provides ongoing feedback to the individual.

Professional Experience

Suzi brings over 15 years' experience in identifying and evaluating what makes a successful senior executive in New Zealand. She is an experienced Executive Search Consultant, Practice Leader, Director/Business Owner and Executive Coach.

Suzi has worked with executives and management teams of multinationals and many of New Zealand's leading corporates to recruit, retain and develop their

executive teams. This significant commercial experience has been gained through roles as Practice Lead and Managing Consultant with a division of the world's largest executive recruiting and HR consulting firm. Previously, she was Associate Director and shareholder with a leading, locally owned executive recruitment firm and began her career in the UK with a global professional recruitment practice.

Coaching & Facilitation Experience

The skills and experience Suzi has gained from her earlier career as a Search Consultant informs and guides her current work as an executive coach. Both involve interacting with senior executives from a wide variety of industries, making sense of complex information and helping individuals and organisations to succeed through their people.

Suzi has worked in her capacity as coach with a variety of organisations including Department of Conservation, Bell Tea and Coffee Company, Overland Footwear, Land and Information New Zealand, Ministry of Business,

Innovation and Employment, Weta Workshop, Port Nelson, and the New Zealand Breast Cancer Foundation, to name a few.

Suzi is an experienced workshop facilitator, having developed and implemented a number of coaching workshops for Port Nelson and Bell Tea and Coffee Company. These covered a wide variety of topics including developing a coaching culture, coaching for performance, leading change, the role of self-efficacy and emotional intelligence in leadership.

Her specialisation is to work with senior and emerging leaders in one on one coaching programmes.

Qualifications

- Bachelor of Business Studies in Management (Hons)
- Professional Certificate in Coaching & Mentoring

Professional Membership

- ICF (International Coach Federation)